

Year 5 Summer Term PSHE- Relationships

1	2	3	4	5	6
To identify the qualities of a good friend	To explore the emotional & physical changes occurring in puberty	To understand male & female puberty changes in more detail	To explore the impact of puberty on the body & the physical importance of physical hygiene	To understand the difference between religion and culture	To know I have the right to say no
7	8	9	10	11	12
To develop a sense of belonging	To develop a sense of belonging	To develop a sense of belonging	To understand benefits of a growth mind-set	To understand benefits of a growth mind-set	To recap the qualities of a good friend