










Extended Schools Food Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy	<p>Create your own smoothie</p> 	<p>Veg sticks and dips</p> 	<p>Fruits Salad</p> 	<p>Crackers Kingdom</p> 	<p>Fruit sticks and dips</p> 
Light Bite	<p>Rice Picnic</p> 	<p>(Toast) Pitta Pockets</p> 	<p>Wraps Gourmet</p> 	<p>Beans on toast Tomato soup</p> 	<p>Pizza</p> 

For more information please call 0845 456 3233 or go online at www.fitforsport.co.uk

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